

CAH Chronicle



Michigan Department of Community Health ♦ Michigan Center for Rural Health ♦ Michigan Health & Hospital Association

Michigan Critical Access Hospitals

Hospital	Address	Telephone
Baraga County Memorial Hospital	L'Anse, MI	www.bcmh.org
Bell Memorial Hospital	Ishpeming, MI	www.bellmemorial.org
Borgess-Lee Memorial Hospital	Dowagiac, MI	www.borgess.com
Charlevoix Area Hospital	Charlevoix, MI	www.cah.org
Deckerville Community Hospital	Deckerville, MI	www.deckervillehosp.org
Harbor Beach Community Hospital	Harbor Beach, MI	
Helen Newberry Joy Hospital and Healthcare Center	Newberry, MI	www.hnjh.org
Hills & Dales General Hospital	Cass City, MI	www.hillsanddales.com
Iron County Community Hospital	Iron River, MI	www.icch.org
Kalkaska Memorial Health Center	Kalkaska, MI	www.munsonhealthcare.org
Keweenaw Memorial Medical Center	Laurium, MI	www.kmmc.org
Spectrum Health United Memorial Kelsey Campus	Lakeview, MI	http://um.spectrum-health.org/
Lakeshore Community Hospital	Lakeshore, MI	www.hackley.org/medical_services/community_hospital.htm
Leelanau Memorial Health Center	Northport, MI	www.munsonhealthcare.org
Mackinac Straits Hospital	St. Ignace, MI	www.mshosp.org
McKenzie Memorial Hospital	Sandusky, MI	www.mckenziehospital.com
Munising Memorial Hospital	Munising, MI	www.uphcn.org/uphcn/mmh.html
Ontonagon Memorial Hospital	Ontonagon, MI	www.omh.org
Paul Oliver Memorial Hospital	Frankfort, MI	www.munsonhealthcare.org
Scheurer Healthcare Network	Pigeon, MI	www.scheurer.org
Schoolcraft Memorial Hospital	Manistique, MI	www.scmh.org
Sheridan Community Hospital	Sheridan, MI	www.sheridanhospital.com
St. Mary's Standish Community Hospital	Standish, MI	www.saintmarys-standish.org

WELCOME – Charlevoix Area Hospital

Charlevoix Area Hospital, located on beautiful Lake Michigan, -became a Critical Access Hospital on January 1, 2005.

Charlevoix Area Hospital (CAH) is a non-profit community based health care facility founded in 1920. They serve 25,000 year round residents of Charlevoix County, a figure that nearly doubles during the summer months. They also serve 10,000 to 15,000 northern Antrim County residents.

Services at CAH include 24/7 emergency services, surgery, cardiac rehabilitation, respiratory therapy, physical and occupational therapy, pharmacy and social services. Support and diagnostic services include radiology with CT, ultrasound, mammography, bone density, nuclear medicine and laboratory.

Physician and physical therapy services are provided in Boyne City, and physical therapy services in East Jordan. Currently, 65% of CAHs services are provided on an outpatient basis.

CAH works closely with the Northwest Michigan Community Health Agency as well as other area agencies and healthcare providers to assess and meet the healthcare needs of their community.

Characteristics of a Good Grant Proposal

Phyllis Ball and myself recently participated on a grant review team for the Michigan Department of Community Health (MDCH). More than 60 grant applications were received by MDCH. The Department indicated that 10-14 grants would be approved.

The ratio between grants submitted and grants funded is not unique to the MDC proposal. An increasingly competitive grant environment dictates that grant seekers spend quality time in the preparation of the grant.

Prior to writing the grant it was clear that applicants would have a competitive advantage if they participated in an informative teleconference with the proposal consultant, submitted the letter of intent on time, and met the grant application deadline.

Below are some of the attributes of grants that were scored high by the review team.

- Proposal instructions, format, and evaluation criteria were strictly observed.
- Applicant had qualified staff to deliver the intervention to the target population.
- Applicant had previous experience working with the target population.
- Applicant collaborated with other agencies to deliver the programs and/or services.
- The application was well written and had a professional appearance.

For additional grant writing information, please contact Nels Bullock, MCRH Grant Consultant at: nels.bullock@hc.msu.edu, or call 517-432-0006.

Loan Repayment Site Approval Applications Due

National Health Service Corp loan repayment site applications are due March 25, 2005. To begin the application process for NHSC assistance, sites must complete the NHSC Recruitment and Retention Assistance Application. The application can be downloaded at <http://nhsc.bhpr.hrsa.gov/applications/rraa.asp>

It is an excellent recruitment and retention tool. In the last fiscal year all 1200 provider applicants were approved for loan repayment. Candidates can find your practice opportunity by viewing your Site Profile on-line, or existing providers that have education loan debt can receive assistance.

If you have any questions please contact Steve Shotwell at shotwe14@msu.edu or 517-355-7758.

Funding Opportunities

Lance Armstrong Foundation

[Source: LAF web site - http://www.laf.org/Public_Health/Community_Program/default.cfm]

Application deadline: Letters of Intent are due by February 15, 2005, and full proposals are due April 5, 2005. Both are to be submitted via online process available through the LAF web site. The application system for the Letters of Intent will open on January 3, 2005. Full proposals can be submitted **by invitation only** if the LOI is approved by the foundation.

The Lance Armstrong Foundation (LAF) has collaborated with the Centers for Disease Control in developing “*A National Action Plan for Cancer Survivorship: Advancing Public Health Strategies.*” The needs of cancer survivors, as identified in the National Action Plan, should be used as a guide in preparing any proposal submitted to the LAF, as the proposal must be in compliance with these guidelines. There are two types of grants available for Spring 2005: Implementation grants and evolution grants. Implementation grants will be awarded in amounts of up to \$20,000 per year x two years. This means that the project should be well planned by the time of submission of the Letter of Intent. The implementation grants will require a *process* evaluation component. Evolution grants will be given in amounts of up to \$100,000 over two years, or up to \$150,000 over three years. As with the implementation grants, evolution grants should be well planned by the time of initial application. The difference between the two types of grant appears to lie in the evaluation components. The evolution grants must include an *impact* evaluation and an *effectiveness* evaluation. There are four areas of interest in 2005:

1) Cancer pain, palliative and end-of-life care; 2) physical activity and nutrition; 3) survivorship education; and 4) survivorship support.

The web site is highly informative and the applicant will be able to review the National Action Plan, complete information about the Request for Proposals, definitions of the three different types of evaluation plans, in-depth information on the types of projects the LAF is seeking in the four different subject areas, information about the deadlines and the on-line application process the foundation uses, eligibility and foundation priorities, and much more.

Christopher Reeve Paralysis Foundation

[Source: CRPF web site - <http://www.christopherreeve.org/qlgrants/qlgrantsmain.cfm>]

The Christopher Reeve Paralysis Foundation offers *Quality of Life* grants, “given to programs or projects that improve the daily lives of people living with paralysis, particularly spinal cord injuries.” Funding is provided to programs that provide assistance through “accessibility, advocacy, arts, assistive technology, children, counseling, education, employment, health promotion, independent living, practical service, sports and recreation, and therapeutic riding.” In 2001, the CRPF received a grant through the Centers for Disease Control & Prevention and started the *Health Promotions Grants* program. “These grants are awarded to non-profit organizations that address the needs of people living with paralysis caused by spinal cord injuries and other injuries, diseases and birth defects, including (but not limited to) stroke, spina bifida, multiple sclerosis, cerebral palsy and amyotrophic lateral sclerosis.” Grants are awarded in amounts up to \$25,000. Application deadlines are March 1 and September 1 yearly; applications are to be submitted online. Complete application guidelines are available at the web site.

COMING EVENTS:

Rural EMS Education Workshop – “Burn Care and Carbon Monoxide Poisoning”

The Michigan Center for Rural Health and The Michigan -Association of Ambulance Services are sponsoring a video-conferencing session on Burn Care and Carbon Monoxide Poisoning on Wednesday, February 16, 2005 from 6:00 p.m.- 7:00 p.m. Deborah R. Harkins, RN, MBA, CCRN, Trauma Systems Manager and the University of Michigan Trauma Burn Center will focus on the latest trends in burn care.

There is no cost to attend. Participants **MUST** register with Phyllis Ball at 517-355-8250, or at ballp@msu.edu to receive 1 EMS credit through the State of Michigan EMS Office.

MI Child/Healthy Kids Electronic Application Training

What is the MICHild/Healthy Kids Program? A health insurance program for uninsured children of Michigan's families. MICHild services are provided by many HMOs and other healthcare plans throughout Michigan at a very minimal cost to families.

How will this benefit my hospital/clinic? By attending the training and receiving certification, your facility will receive “presumptive eligibility” from the State. “Presumptive eligibility” means that you will automatically be eligible to know if the MICHild or the Health Kids Program will cover the child for current services.

Who should participate in the training? Anyone. Admissions clerks, emergency intake clerks, volunteers for your hospital or you can invite representatives from the community,

How will the training occur? Via telephone conference call. Each participant will receive a packet of training materials prior to the training that includes a copy of the MICHild/Healthy Kids power point. The trainer will explain the steps necessary to complete an electronic MICHild/Healthy Kids Application as the participants follow along using the power point on their own computer, and listening to the trainer via telephone conference call. Following the presentation, participants will be given a short quiz. Upon completion of the training component, the hospital or clinic will be placed on a “presumptive eligibility” list verifying that staff is trained in the electronic application process.

When is the training? The MICHild/Healthy Kids application training will be held February 24, 2005 from 1-2:30 p.m. There is no fee for this training. Pre-registration is required.

How do I register or find out more information? Please contact Phyllis Ball (517) 355-8250, or e-mail at: ballp@msu.edu.

“Polishing Your Profession and Image”

The Northern Area Health Education Center is hosting “Polishing Your Profession and Image”, a one day conference for women working in or interested in a healthcare career on Friday, February 25, 2005 at the Steer & Stein Restaurant in Marquette. The full-day event will feature wellness and nutrition information for the busy professional, job outlook for careers in healthcare, professional development/continuing education opportunities. Kristine McNease, a certified laughter consultant, a fashion show sponsored by Younkers, makeup and hair styling tips, neck and hand massages, and fingernail treatments. Representatives from Marquette General Health System, Bell Memorial Hospital, Northern Michigan University, Michigan State University, Michigan Works and a government representative will be speaking at the event. Breakfast and lunch will be served. There is a \$99 conference fee. To register or get more information, please call Northern AHEC at 225-6920 or visiting their website at: www.northernahec.org.

THE 2005 MICHIGAN RURAL HEALTH CONFERENCE: "Lighting the Way to Rural Health"

When/Where: April 14-15, 2005
Holiday Inn
Mt. Pleasant, Michigan

More Information Coming Soon!!!

Grand Rounds

The Grand Rounds video-conferencing series continues to be extremely popular, and additional viewing sites are added each month. There is no cost to attend. Grand Rounds are dually accredited for a maximum of one hour of Category 1 Continuing Medical Education credit per presentation. Please contact the Michigan Center for Rural Health

GERIATRIC GRAND ROUNDS

Geriatric Grand Rounds are held the *first* Wednesday of *each month* from Noon to 1:00 p.m.

2005 Schedule

February 2 – Screening & Prevention in the Older Adults – Linda Keilman, MSN, APRN, BC
March 2 – Medication Use in the Older Adult – Mark Ensberg, MD
April 6 – Congestive Heart Failure for the Non-Cardiologist – Frank Komara, DO
May 4 – COPD – Mark Ensberg, MD & Linda Keilman, MSN, APRN, BC
June 1 – Behavioral & Mood Disturbances Associated with Dementia – Larry Lawhorne, MD
September 7 – Anemia – Frank Komara, DO
October 5 – Frailty – Larry Lawhorne, MD
November 2 – Determining Decision-Making Capacity – Larry Lawhorne, MD
December 7 – Hypertension in the Older Adult – Mohan Reddy, MD

ARTHRITIS GRAND ROUNDS

Arthritis Grand Rounds are held the *second* Wednesday of *each month* from Noon to 1:00 p.m.

2005 Schedule

February 9 – Management of Chronic Back Pain – Andrew Haig, MD
March 9 – Scleroderma is a Treatable Disease – James Seibold, MD
April 13 – Gout and Pseudo gout – Blake Rossler, MD
May 11 – Osteoarthritis – Joseph Weiss, MD
June 8 – TBD
September 14 – Topics in Pediatric Rheumatology – Barbara Adams, MD
October 12 – The Heart & Rheumatic Disease – Melvyn Rubenfire, MD
November 9 – Psoriatic Arthritis – Robert Ike, MD
December 14 – APL Syndrome, Joe McCune, MI

PSYCHIATRY GRAND ROUNDS

Psychiatry Grand Rounds are held the *fourth* Wednesday *quarterly* from Noon to 1:00 p.m.

2005 Schedule

April 27 – Eating Disorders in the Primary Care Setting
July 27 – Anxiety Disorders: Comprehension, Identification and Treatment
October 26 – Working with Challenging and Difficult Patients

OCCUPATIONAL THERAPY GRAND ROUNDS

Occupational Therapy Grand Rounds are held the *first* Monday *quarterly* from Noon to 1:00 p.m.

2005 Schedule

April 18 – Hand Injuries

July 18 – Equipment Modification and Task Simplification

October 17 – Adaptive Equipment

FUNDRAISING WORKSHOPS

The Michigan Center for Rural Health and the Michigan Nonprofit Association jointly sponsor Fundraising Workshops via telebroadcast to rural areas of Michigan the *third* Wednesday *quarterly* from Noon to 1:30 p.m.

2005 Schedule

February 16 – Respect Made Visible: Volunteer Recognition – Robin Lynn Grinnell, Director of Michigan Nonprofit Leadership Institute

May 18 – Successful Proposals, Part One: Research – Dave Swenson, Vice President of Michigan Non Profit Association

May 25 – Successful Proposals, Part Two: Writing for Results – Dave Swenson

November 16 - Program Sustainability: Community Partnerships and Diversified Funding – Dave Swenson

Cost is \$25 per person/session. For registration information, contact Phyllis Ball at ballp@msu.edu, or 517-355-8520.

Interesting Web Site

Michigan's Regional Skills Alliances (MiRSAs)

<http://www.michigan.gov/rsa/0,1607,7-210--90673--,00.html>

Michigan's Regional Skills Alliances (MiRSAs) are locally-managed partnerships formed to address workforce issues affecting firms operating in the same industry in a distinct geographic area.

Interesting Quote

“Don't spend time beating on a wall, hoping to transform it into a door.”

-Dr. Laura Schlessinger

For additional information or questions about materials contained in this newsletter, please contact:

Angela Dietlein

CAH Program Administrator
Michigan Center for Rural Health
B-218 West Fee Hall
Michigan State University
East Lansing, Michigan 48824-1316

Telephone (517) 355-7757
Facsimile (517) 432-0007
E-mail ajdiet@msu.edu
www.com.msu.edu/micrh