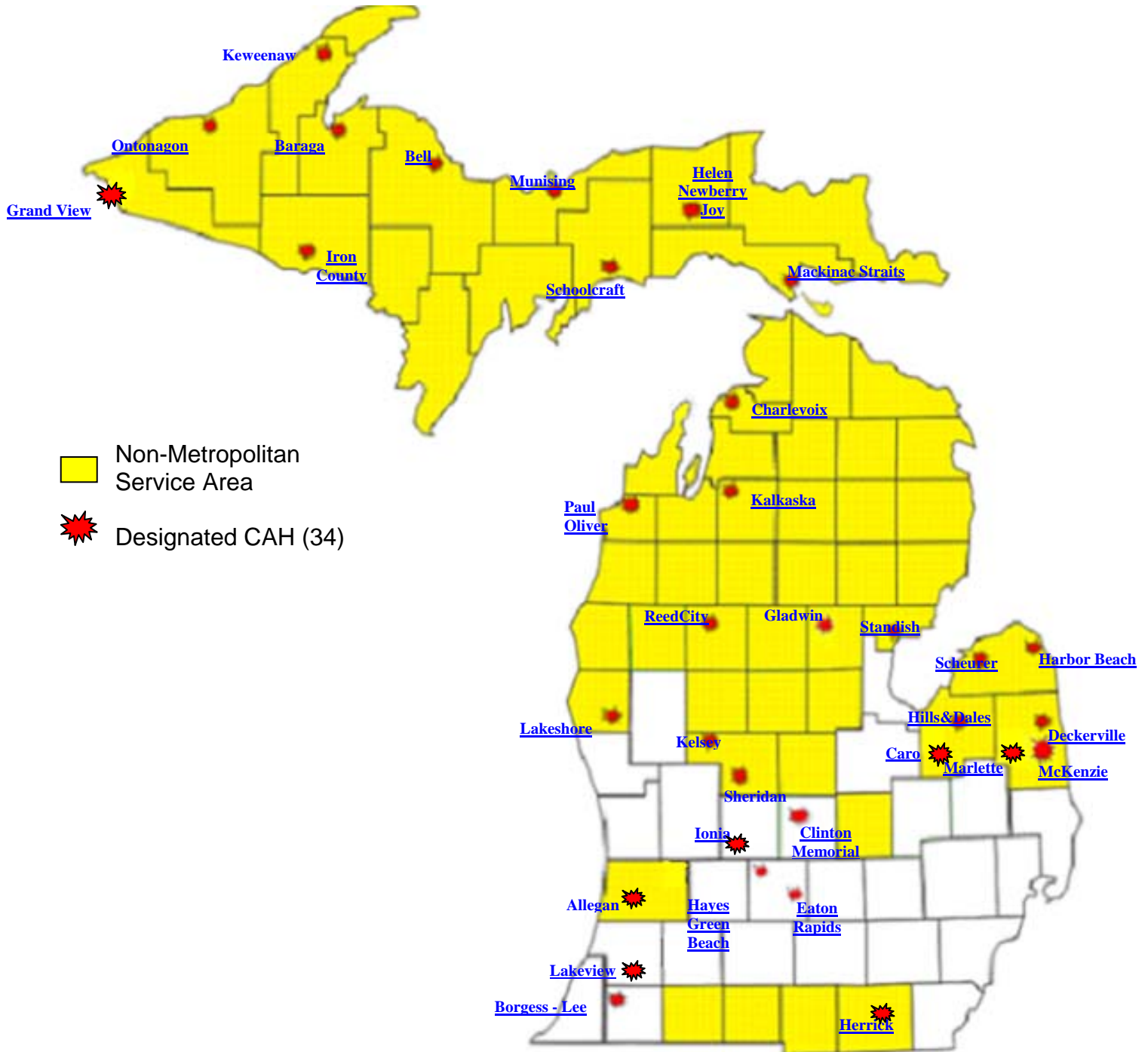


# CAH Chronicle



Michigan Department of Community Health ♦ Michigan Center for Rural Health ♦ Michigan Health & Hospital Association

## MICHIGAN CRITICAL ACCESS HOSPITALS



## Grand Opening of New Bell Hospital - Ishpeming

With community contributions totaling more than \$7 million the response to opening the new Bell Hospital in the small Upper Peninsula of Michigan community of Ishpeming was no surprise. About 4,000 local residents turned out for two September 16<sup>th</sup> grand opening events. More than 7,000 have attended tours or other grand opening activities.

The new 25-bed facility includes three operating rooms with a fourth waiting state certificate of need approval. The facility also has several outpatient procedure rooms.

The adjoining Cliffs Natural Resources Medical Office Building features a unique “Main Street” design, including storefront physician offices, street lights and a “Kids Korner” child drop-off for patients and visitors. In all, the hospital and medical center encompass 140,000 square feet.

Bell’s close tie to Cleveland Cliffs Inc., which operates two iron ore mines in the Ishpeming area, also dates from 90 years ago. CCI built the original Bell hospital in 1918 and contributed \$2 million toward the new \$40-million facility.

The hospital offers state-of-the-art medical services within a warm country setting. The facility occupies a donated 40-acre site and will include a one-mile public Fitness Trail around its borders.

Patients moved to the new Bell Hospital on September 27<sup>th</sup>. For more on the new Bell Hospital go to: [www.bellhospital.org](http://www.bellhospital.org).



Interior lobby.



Staff in front of new hospital.



The former Bell Hospital takes shape in 1917.



Touring the new building.

### Deckerville Community Hospital and Harbor Beach Community Hospital “Best Places to Work in Healthcare”

Deckerville Community Hospital and Harbor Beach Community Hospital have each received *The Modern Healthcare* “Best 100 Places to Work in Healthcare”.

On September 8, 2008 – *Modern Healthcare* announced its inaugural list of the 100 Best Places to Work in Healthcare. The list is available online at [www.ModernHealthcare.com/bestplacestowork](http://www.ModernHealthcare.com/bestplacestowork). Almost 240 healthcare companies participated in this first-ever healthcare workplace listing. *Modern Healthcare* will reveal the specific ranking of the 100 Best Places to Work in Healthcare, from 1 to 100, in a special supplement to be published October 27, 2008. The supplement also will recognize the top places to work by industry segment and by number of employees, and will profile some of the recipients.

The Hospitals completed a survey detailing company policies, practices, benefits and demographics. Employees participated in a survey with questions that covered 8 core areas:

- Leadership and planning
- Culture and communications
- Role satisfaction
- Working environment
- Relationship with Supervisor
- Training and Development
- Pay and benefits
- Overall Satisfaction

Congratulations Deckerville and Harbor Beach.

For more information on *Modern Healthcare*’s Best Places to Work in Healthcare, contact Editor David Burda at 312-649-5439 or [dburda@crain.com](mailto:dburda@crain.com).

### Fighting Obesity in Children and Adolescents –*Shaping Our Children’s Future*

In 2004, Laura Frisch, FNP at Helen Newberry Joy Hospital was providing sports physicals to Luce County athletes and found that 33% of the students were categorized as overweight or obese. Concerned about the high body mass index (BMI) of these athletes she began to research effective programs that would empower, educate and provide community-wide leadership for families seeking resources related to physical fitness and nutrition.

Laura found that Helen Newberry Joy Hospital, Mackinac Straits Hospital, and Marquette General Health System were all working in their communities providing health education to children. They decided that if they were to work together collaboratively they could enhance their fight against child obesity. Soon they formed a Consortium and collaborated with a focus group of local agencies and residents that deemed childhood obesity was a significant health risk in their communities.

The Consortium developed *Shaping Our Children’s Future (SCF)*, a program patterned after *Committed to Kids* in Marquette County. The Consortium needed funding to continue the program and submitted a HRSA Outreach Grant in 2006. They received a three year \$274,000 grant award.

Program goals are:

- Increase the awareness and skills of parents in providing effective leadership with their children managing healthy eating and exercise behaviors;
- A target of 799 youths will receive screening and referral services for risk factors associated with obesity over the course of the grant period, and;

- Sixty percent of youth enrolled in traditional and technology-modified obesity treatment programs will demonstrate a reduction in BMI and improved lab values related to chronic diseases.

SCF utilizes a multidisciplinary team approach including medical, nutritional, behavioral health and fitness professionals. Staff is dedicated to this project within each partner organization, strengthening each partner's role while cooperating on all activities. An advisory group of project staff, community stakeholders, and representatives from the target group oversee the project.

The project takes a practical, scientific approach to what is often an emotional issue. Three specific needs are recognized:

- Families lack knowledge and basic skills for translating scientific information on nutrition and exercise into everyday practice, which results in less than optimal growth and development for youth;
- Youth who have a high potential for developing metabolic syndrome often experience delayed entry into appropriate services, and;
- Rural communities lack the critical mass and specialty expertise to provide evidence-based programming for youth weight loss.

The Consortium has developed multiple methods for reaching out into their communities to provide education and activities to children and their families. They provide in-service on childhood obesity morbidity and the importance of early intervention to physicians, physical education instructors, PAs, NPs and nurses across the tri-county. They pool resources in their communities and in the schools.

Helen Newberry Joy Hospital, Mackinac Straits Hospital and Marquette General Health System are members of the UP-AFHK (Action for Healthy Kids) involved in national, state and local policy endeavors. These leaders for local policy and environmental changes have encouraged other governmental and county agencies to seek funds or programs to enhance and collaborate with SCF goals.

Laura Frisch, FNP is the Principal Investigator for the grant. She can be reached by e-mail at: [lauralee4@peoplepc.com](mailto:lauralee4@peoplepc.com) or [lfrisch@hnjh.org](mailto:lfrisch@hnjh.org).

### Start Planning Now: Utilize the Flu Fighter Action Kit for Health Care Personnel

Now is the time to plan your employee flu vaccination campaign for the upcoming flu season. With the MDCH Flu Fighter Action Kit, planning is easy!

Available online, the kit offers a step-by-step approach, including ready-to-use materials such as planning templates, a campaign calendar and timeline, and flu educational resources to help you reach everyone in your health care organization. Remember, anyone who shares air with patients should be vaccinated against influenza.

Become a Flu Fighter. Protect yourself, your colleagues, and your patients. Use these materials to implement an influenza vaccination campaign in your facility and to ensure that everyone in your organization is fully immunized. Encourage the use of the Flu Fighter Action Kit in your jurisdiction with this [promotional flyer](#). Visit: [www.michigan.gov/flufighterkit](http://www.michigan.gov/flufighterkit)



### J-1 Waiver Information

**Application acceptance dates are: November 1, 2008 - November 30, 2008.** If you are working with a J-1 Waiver physician it is imperative that the physician request an application packet now. Information necessary to the application may take weeks to arrive especially if it is from the candidate's country of origin.

*It is not necessary to have an employer sponsor before ordering the packet.*

The Michigan Conrad State 30 Program Application and Information may be located at [http://www.mimom.org/hpsa.php?inc=j-1\\_visa\\_info](http://www.mimom.org/hpsa.php?inc=j-1_visa_info).

The site contains complete instructions on how to apply for a J-1 waiver in Michigan. To order an official application and information packet the candidate must:

- Send a check for \$100, payable to "Michigan Health Council" (This is a non-refundable fee)
- Include: Physician's full name, address, specialty and graduation date (from residency)
- Mail both to: Michigan Health Council, J-1 Visa Waiver Staff, 2410 Woodlake Drive, Okemos, Michigan 48864

If you have any questions please contact: Steve Shotwell, Recruitment and Retention Services, 517-355-7758, or [steve.shotwell@hc.msu.edu](mailto:steve.shotwell@hc.msu.edu)

### **Michigan Safety Belt Use Reaches Record High 96.2**

Following the annual *Buckle Up or Pay Up, Click it or Ticket* safety belt mobilization in May, safety belt use in Michigan has increased to a new record high of 96.2 percent according to a statewide direct observation survey provided by the Wayne State University Transportation Research Group.

In 2007, Michigan was one of 10 states with a safety belt use of 96 percent or higher. Hawaii had the highest belt use at 97.6 percent. last year. In 2007, Michigan's rate was 93 percent.

### **SAVE THESE DATES**

#### **2008 Quality EXPO – October 30, 2008**

Radisson Plaza Hotel at the Kalamazoo Center, Kalamazoo, MI. For more information and to register, visit: [www.mpro.org/qualityexpo](http://www.mpro.org/qualityexpo)

#### **2008 CAH Conference -Nov. 6-7, 2008**

Mountain Grand Lodge Resort Boyne Falls, MI.

### **GRAND ROUNDS:**

#### **PHARMACY**

Time: 12:00 NOON – 1:00 pm EST

- October 14-Pain Management Old Drug New Uses - Methadone – Terry Baumann, PharmD

**Sponsored by:** Michigan Center for Rural Health, Munson Medical Center, REMEC Telehealth Network

Registration forms are available on our MCRH web site. *Continuing Education: for pharmacists has been approved by the Michigan Board of Pharmacy for one hour. Approval number is: 539080041 continuing education for nurses is pending approval through the Michigan Nurses Association.*

- December 11- Pharmacy Law & Legislative Update - Greg Baran, R.Ph, M.A., Director of Governmental Affairs, Michigan Pharmacists Association

**Sponsored by:** Michigan Center for Rural Health and Michigan Pharmacists Association.

*Accreditation: Continuing Education for this program is pending approval of the Michigan Board of Pharmacy.*

#### **ARTHRITIS**

Held the second Wednesday of each month from Noon to 1:00 pm except in July and August.

**Sponsored by:** The Michigan Center for Rural Health and the Michigan Arthritis Collaborative Partnership.

## 2008 Schedule

- October 8-Psoriatic Arthritis- Robert Ike, MD

*Accreditation: St. Mary Mercy Hospital, an organization accredited by the MSMS Committee on CME Accreditation, designates that this activity meets the criteria for a maximum of one (1) credit hour in Category 1 credit towards the AMA Physician's Recognition Award.*

## GERIATRIC

Held the first Wednesday of each month from Noon to 1:00 pm except July and August.

**Sponsored by:** The Michigan Center for Rural Health and the Geriatric Education Center of Michigan.

## 2008 Schedule

- October 1 – Oral Health in the Elderly Elisa Ghezzi, DDS
- November 5 – Health Literacy in the Elderly Marolee Neuberger, MS
- December 3 – Telemedicine and Remote Monitoring Pam Whitten, PhD

*Accreditation: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Michigan State University College of Osteopathic Medicine and the Michigan Center for Rural Health.*

## NURSING

Held quarterly from Noon to 1:00 pm

**Sponsored by:** The Michigan Center for Rural Health and MSU College of Nursing

- November 18 – TBD

*Accreditation: Participants who attend the entire session and complete an evaluation form will receive a certificate for 1.5 contact hours. Michigan State University College of Nursing is an approved provider of continuing nursing education by the Michigan Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

## Nursing Grand Round DVD's Available Continuing Education Contact Hours

All of the 2007 Nursing Grand Round sessions are now available on DVD for \$10.00 each. The DVD's could be used during a staff meeting or for content reference. Nurses watching the DVD's can receive continuing education credit by filling out an attendance and evaluation form and returning the forms to Phyllis Ball. The contact hours are available up to two years from when the program was originally aired.

Programs available include:

- Patient Satisfaction: A Key to Creating a Culture of Safety in Healthcare Settings by Pam Theisen (Program originally aired March 13, 2007).
- Lessons from Florence Nightingale by Dr. Louise Selanders (Program originally aired May 8, 2007).
- Polypharmacy and Older Adults: Issues & Implications by Rebecca Coccia (Program originally aired September 11, 2007)
- Intergenerational Issues in Nursing by Katie Kessler (Program originally aired November 6, 2007).

*Accreditation: Nurses who view the entire program, and complete an attendance form and evaluation will receive 1.0 continuing education contact hours. Michigan State University College of Nursing is approved as a provider of continuing nursing education by the Michigan Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center Commission on Accreditation.*

## More Nursing Continuing Education available in 2009

Beginning in January 2009, all nine one-hour Geriatric Grand Round sessions will be accredited for nursing continuing education contact hours.

The Michigan Center for Rural Health partners with the Geriatric Education Center and the Michigan State University College of Nursing They are approved as a provider of continuing nursing education by the Michigan Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center Commission on Accreditation.

## PSYCHIATRY

Held quarterly from Noon to 1:00 pm

**Sponsored by:** The Michigan Center for Rural Health and the MSU Department of Psychiatry.

### 2008 Schedule

- October 22-Managing Bipolar Disorder Through the Life Span: Dale D'Mello, MD

*Accreditation: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Michigan State University College of Human Medicine and the Michigan Center for Rural Health.*

## SOCIAL WORK

Held quarterly from noon – 1:15 pm

**Sponsored by:** The Michigan Center for Rural Health and the MSU School of Social Work

### 2008 Schedule

- November 5 – Health Literacy in the Elderly, Marolee Neuberger, MS

## Geriatric Grand Round Program Accredited for Social Workers

The November 5<sup>th</sup> Geriatric Grand Round on Health Literacy has been cross-accredited to include Social Workers. This program will be presented via videoconference/teleconference

*Accreditation: This program is approved by the Michigan Social Work Continuing Education Collaborative for 1 CE Clock Hours. Course approval is # 071708-10.*

- November 20 – TBD

*Accreditation: Michigan State University School of Social Work (Provider No. 1136) is approved by the Association of Social Work boards (ASWB) approved continuing Education (ACE) program: [www.aswb.org](http://www.aswb.org): 1-800-335-6880. ASWB ACE-approved programs are recognized in Michigan. In addition, Wisconsin, Illinois, and Indiana recognize ACE-approved providers. Social workers should verify recognition of ACE approval with their state boards.*

## EMS TELECONFERENCES

Quarterly 6:00-7:00 pm

Sponsored by the Michigan Association of Ambulance

- November 14- TBD

For more information on any of the Grand Round Education Sessions contact Phyllis Ball, Education Coordinator at: [ballp@msu.edu](mailto:ballp@msu.edu) or 517-355-8250

## INTERESTING QUOTE:

”Individual commitment to a group effort – that is what makes a team work, a company work, a society work, a civilization work.”

~Vince Lombardi

For additional information or questions about materials contained in this newsletter, please contact:

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